



# MyVA Community Veteran Snapshot

## Geography: Maine

### Community Profile



#### Mental Health & Suicide Prevention:

According to Central Maine news, Veteran mental health appointments in Maine recently grew by 30 percent.<sup>1</sup>



#### Employment & Jobs:

According to the U.S. Census Bureau, the Veteran unemployment rate in Maine is slightly lower than the national average.<sup>2</sup>



#### Housing & Homelessness:

According to HUD's Continuum of Care Homeless Assistance Programs report, the homeless Veteran rate in Maine is slightly lower than the national average.<sup>3</sup>



#### Education:

According to the U.S. Census Bureau, the number of Veterans with a college degree in Maine is one and a half percent lower than the national average.<sup>4</sup>



#### Women's Veteran Issues:

According to the Bangor Daily News, a majority of Maine female Veterans are unaware of existing Veteran services.<sup>5</sup>



#### Access to Benefits and Care:

Additional information on VA expenditure and service data, including compensation and pension and numbers of unique patients served is available by state and county through the [Geographic Distribution of VA Expenditures \(GDX\) report located here](#).<sup>6</sup>

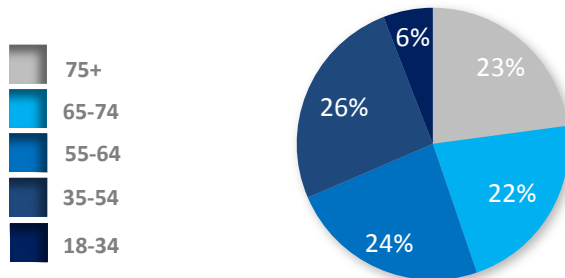
### Veteran Demographics\*

Demographic data provided for the State of Maine

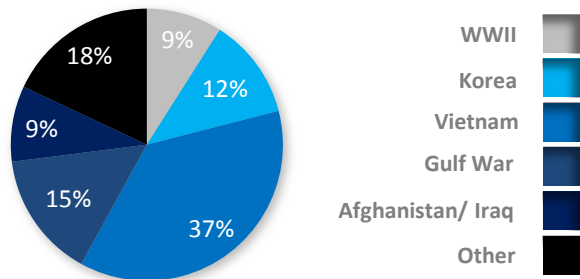
**Veteran Population:** 126,842 (12 percent of total population in Maine)

**Military Installations:** Portsmouth Naval Shipyard

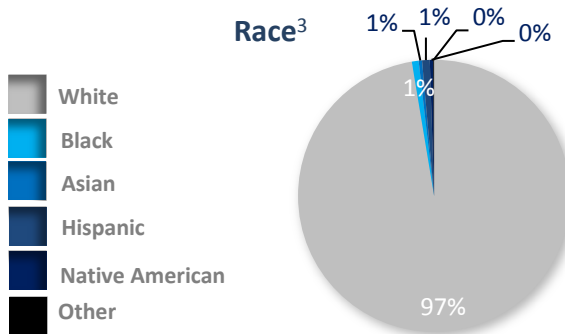
#### Age Distribution<sup>1</sup>



#### Periods of Service<sup>2</sup>



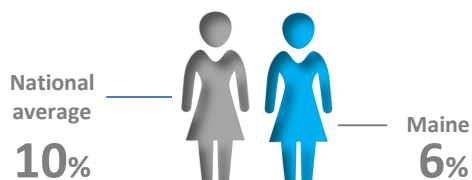
#### Race<sup>3</sup>



### Veteran Socioeconomic Indicators

Indicator	Maine	Nat'l Avg.	Difference
Homeless Rate <sup>5</sup>	0.1%	0.2%	-0.1%
College Degree <sup>6</sup>	22.8%	26.3%	-3.5%
Unemployment <sup>7</sup>	7.3%	8.7%	-1.4%
Below Poverty Level <sup>8</sup>	6.8%	6.9%	-0.1%
Service-Connected Disability			
Any Rating <sup>9</sup>	19.5%	16.4%	+3.1%
70%+ Rating <sup>10</sup>	5.6%	3.8%	+1.8%

#### Female Veterans<sup>4</sup>



\*All numbers rounded to nearest whole percent



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### Source Data Overview

This snapshot includes only the data specific to the locality specified above. In some cases, the data may cover an entire state, while in others it may cover several counties, a metro area or even an individual city.

#### Community Profile Data and Veteran Socioeconomic Indicators

The community issues listed in this snapshot are specific to this **MyVA Community** and were gathered based on literature review and open web search of issues within the specified geographic area. Citations for all community issues are provided below. VA data sources were used when possible.

### Community Profile Data Sources

<sup>1</sup>CentralMaine. "Watchdog Links Togus to 'Nationwide Systemic Problems' with Mental Health Services." Accessed July 2, 2015.

<http://www.centralmaine.com/2015/06/17/watchdog-links-togus-to-nationwide-systemic-problems-with-mental-health-services/>.

<sup>2</sup>U.S. Census Bureau American Fact Finder. "2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015.

<http://factfinder.census.gov/>.

<sup>3</sup>U.S. Department of Housing and Urban Development. "HUD's 2014 Continuum of Care Homeless Assistance Programs: Homeless Populations and Subpopulations." January 29, 2014. [https://www.hudexchange.info/resource/reportmanagement/published/CoC\\_PopSub\\_CoC\\_FL-502-2014\\_FL\\_2014.pdf](https://www.hudexchange.info/resource/reportmanagement/published/CoC_PopSub_CoC_FL-502-2014_FL_2014.pdf).

<sup>4</sup>U.S. Census Bureau American Fact Finder. "2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015.

<http://factfinder.census.gov/>.

<sup>5</sup>Bangor Daily News. "'How do we reach out to our women veterans?': Female Service Members not Seeking Needed Services." Accessed July 2, 2015. <http://bangordailynews.com/2014/05/13/health/how-do-we-reach-out-to-our-women-veterans-former-military-members-not-seeking-needed-services/>.

<sup>6</sup>U.S. Department of Veterans Affairs. "National Center for Veterans Analysis and Statistics." Expenditures. May 29, 2015. Accessed June 22, 2015. <http://www.va.gov/vetdata/expenditures.asp>

### Veteran Demographic and Socioeconomic Indicator Data Sources

<sup>1,2,3</sup>U.S. Census Bureau American Fact Finder. "2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015.

<http://factfinder.census.gov/>.

<sup>4</sup>U.S. Census Bureau American Fact Finder. "2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015.

<http://factfinder.census.gov/>; U.S. Department of Veterans Affairs. "Women Veteran Profile." February 2013.

[http://www.va.gov/vetdata/docs/SpecialReports/Women\\_Veteran\\_Profile5.pdf](http://www.va.gov/vetdata/docs/SpecialReports/Women_Veteran_Profile5.pdf).

<sup>5</sup>U.S. Department of Housing and Urban Development. "HUD's 2014 Continuum of Care Homeless Assistance Programs: Homeless Populations and Subpopulations." January 29, 2014. [https://www.hudexchange.info/resource/reportmanagement/published/CoC\\_PopSub\\_CoC\\_CT-505-2014\\_CT\\_2014.pdf](https://www.hudexchange.info/resource/reportmanagement/published/CoC_PopSub_CoC_CT-505-2014_CT_2014.pdf).

<sup>6,7,8</sup>U.S. Census Bureau American Fact Finder. "2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015.

<http://factfinder.census.gov/>.

<sup>9,10</sup>U.S. Census Bureau American Fact Finder. "SERVICE-CONNECTED DISABILITY-RATING STATUS AND RATINGS FOR CIVILIAN VETERANS 18 YEARS AND OVER. Universe: Civilian veterans 18 years and over. 2009-2013 American Community Survey 5-Year Estimates." Accessed May 22, 2015. <http://factfinder.census.gov/>.